



YOUR VOICE NEEDED

The Center for Young Minds (CYM) Youth Council is made up of youth between the ages of 13 and 18 who have experienced behavioral/mental health or emotional wellness issues, either personally or through a family member or friend. Behavioral health issues are prevalent.

We believe that now is the time for youth to add their voice to create meaningful change across San Antonio and Bexar County.

According to the World Health Organization, one in five adolescents globally may experience a mental health problem each year. The effects are often devastating, as these conditions impact youth at a critical point in their lives.

The challenge is significant, but so is the potential of the advocates already active on this issue. A wealth of knowledge and voice exist in youth behavioral health, creating an opportunity to amplify collaboration and progress.

The Center for Young Minds Youth Council aims to increase youth participation in decisions related to mental health service delivery and policy making and increase the impact of youth involvement in system change. In addition, the Youth Council aims to reduce stigma, change the conversation about mental health and open the dialogue about issues that matter to youth.

COUNCIL MEMBERS

Council members will participate in monthly meetings over a 12-month renewable term. Members will have opportunities to connect to a network of young leaders. Members will receive compensation based upon participation levels. The Youth Council strives to represent the rich cultural diversity of our community, and BIPOC along with LGBTQ+ members are welcome.

To learn more and/or to inquire about joining, please contact **Jennifer Forbes**, jforbes@ecrh.org. You will find a welcoming home where your voice can continue to make a difference.

The Center for Young Minds is funded by:



The Center for Young Minds is a strategic initiative of:



WHAT WE WANT TO ACHIEVE

Youth Council members seek to:



ADVOCATE ON BEHALF OF YOUNG PEOPLE WITH BEHAVIORAL HEALTH ISSUES



ENGAGE OTHER LOCAL AND NATIONAL YOUTH MENTAL HEALTH NETWORKS



PARTICIPATE IN PROJECTS ARISING FROM CYM INITIATIVES



PARTICIPATE IN EVENTS TO PROMOTE RECOVERY AND INSPIRE OTHER YOUTH